

The Healing Power of Chant

BEGINNING TUESDAY SEPTEMBER 22nd 2015

7:00 – 8:30 PM

Contemplative Centre, The Stables Courtyard, UL

€10 (REGULAR) €5 (STUDENTS)



Chant is for everyone – you don't need to be a 'good singer', or subscribe to any particular belief system to access the joy that singing simple sacred chant can bring. Singing chant in a group is especially powerful and uplifting so come prepared to join in! Bring some water to drink, as we will be singing our hearts out.

Mary Mc Laughlin is an internationally known singer/songwriter/arranger and teacher, who has spent many years learning and teaching chants from sacred world traditions including Hindu, Buddhist, Christian, Jewish and earth traditions. She holds an MA in Ritual Chant and Song (UL) and certificates of Vocal Music Teaching (London) and Sound Healing and Therapy, (San Francisco). Mary is currently studying for a PhD at the Irish World Music Academy, University of Limerick.

www.marymclaughlin.com

www.marymclaughlin.com